

Postgraduate Students' Thesis Topics			
Degree Program Title		MS Clinical Psychology (2018-2020)	
S.No.	Name of Student	Thesis Title	Supervisor
1.	Roqia Zulafqar	Impact of Training on Self-Efficacy, Job Engagement and Innovative Work Behavior among School Teachers	Dr. Gulzar Ahmad
2.	Alishba Ishfaq	Impact of Altruism, Heroism and Psychological Distress and Quality of Life among Social workers during COVID-19	Dr. Gulzar Ahmad
3.	Romesa Nisar	Impact of Learning styles, Grit and Self-Efficacy on Cumulative Grade Point Average of College and University students	Dr. Gulzar Ahmad
4.	Kainat Ikram	Perceived stress and Marital Adjustment: The Mediating role of Forgiveness among Married Men and Women	Dr. Gulzar Ahmad
5.	Sania Khurshid	Social Media usage as the predictor of suicidal tendencies among Adolescents: Role of Loneliness and Cyberbullying Victimization	Dr. Gulzar Ahmad
6.	Mahnoor Qammar	Impact of Psychological Capital and Work Engagement on Organizational Commitment among Bank Employees	Dr. Gulzar Ahmad
7.	Aiman Almas	Harassment, Perceived Insecurity and Coping Strategies: A Comparison between Sales Girls and University Females Students	Ms. Syeda Mehreen Zahra
8.	Fizza Ali	Social Discrimination, Social Belongingness and Psychological Wellbeing among Religious Minorities in Pakistan	Dr. Gulzar Ahmad
9.	Asma Asad	Occupational Stress, Emotional Regulation, Self-Efficacy and Psychological Wellbeing among School Teachers Working from Home during COVID-19	Dr. Gulzar Ahmad
10.	Farah Qayyum	Influence of Perceived Parental Practices, Intolerance of Uncertainty, Self-Compassion and Mental Health Problems among University Students	Dr. Gulzar Ahmad
11.	Mehwish Mazhar	Impact of Psychological Ownership, Employee Empowerment and Financial Well-being among Sales Personnel	Dr. Gulzar Ahmad
12.	Afeefa Naeem	Perceived Parenting Style, Emotional Distress and Creativity in Higher Secondary Students	Ms. Saira Maqsood
13.	Uzma Rani	Loneliness, Optimism and Mental Health among University Students during COVID-19 pandemic	Dr. Zarghuna Naseem

Postgraduate Students' Thesis Topics			
Degree Program Title		MPhil Applied Psychology (2018-2020)	
S.No.	Name of Student	Thesis Title	Supervisor
1.	Deep Fatima	Organizational Climate, Job related Expectations and Self-Efficacy in Employees of Private sector during Covid-19 Pandemic	Ms. Saira Maqsood
2.	Marva Sohail	Fear of COVID-19 and Stress in University Students: Mediating Role of Cyberchondria and Moderating Role of Creative Coping and Social Support	Ms. Nida Zafar
3.	Aleena Tariq	Academic stress and Academic Performance: Mediating Role of Goal Orientation among University Students during Pandemic.	Ms. Syeda Mehreen Zahra
4.	Iram Gul	HEXACO Personality Traits, Self-Esteem and Antisocial Behavior among Juvenile Delinquents	Dr. Gulzar Ahmad
5.	Zeeshan Anwar	Work Overload, Work-Family Conflict and Job Satisfaction among Police Employees	Dr. Gulzar Ahmad
6.	Ahsanullah	Work Incivility, Psychological Capital and Perceived Stress in Medical Professionals	Dr. Faiqa Yaseen
7.	Saadya Nasar	Work Stress, Sleep Quality, Psychological Well-being and Work Engagement among Teaching Faculties of Government and Private Universities	Dr. Zarghuna Naseem
8.	Malik Majid Ali	Fear of COVID 19, Optimism, Hope, Efficacy, Resilience and Stress in Adults	Dr. Faiqa Yaseen

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S.No.	Name of Student	Thesis Title	Supervisor
1.	Fozia Shahzad	Attitude towards marriage, Loneliness, Self Esteem and Mental Wellbeing among Unmarried University Students	Dr. Gulzar Ahmad
2.	Ruqayya Bano	Personality Traits, Emotional Intelligence, Job Burnout and Resilience among Rescue Employees	Dr. Gulzar Ahmad
3.	Sundus Mubarik Ahmad	Psychological Empowerment, Career Sustaining Behaviour and Job Engagement among Telecommunication Employees	Dr. Gulzar Ahmad
4.	Rida Hussain Bukhari	Perceived Parenting Styles and Emotional Adjustment in Patients with Depression, Conversion and Obsessive Compulsive Disorder	Dr. Mohsina Najeeb
5.	Irum Shaheen	Self compassion, Interpersonal competence and mental health problems in patients with Psoriasis	Dr. Fatima Naeem
6.	Iqra Shoukat	Hardiness, Burnout and Work Engagement in Employees working in Information Technology Sector	Dr. Fatima Naeem
7.	Iqra Saeed	Gullibility, Self Esteem and Emotional Self Disclosure Among Orphans	Dr. Fatima Naeem
8.	Saba Ramzan	Grit, Self Regulation and Life Satisfaction among Medical and Nursing Students	Dr. Fatima Naeem
9.	Maria Rajab Ali	Perceived Social Support, Self Efficacy and Psychological Adjustment among Adolescents with Visual Impairment	Dr. Fatima Naeem
10.	Sumbal Rosheen	Perceived Stress and Self Esteem: Mediating role of Self Efficacy among Test Takers of IELTS	Ms. Mehreen Zehra
11.	Anam Hayat	Social Support and Empathy as Psychosocial Predictors of Everyday Heroism in University Students	Ms. Mehreen Zehra
12.	Zobia Noureen	Helicopter Parenting, Self Silencing and Mental Wellbeing Among Urban and Rural College Students	Ms. Mehreen Zehra
13.	Sumaira Bibi	Emotional Intelligence, Social Support and Mental Wellbeing in Mothers of Children with Cerebral Palsy	Ms. Saira Maqsood
14.	Rabia Kiran	Academic Stressors, Self-Competence and Career Related Anxiety in College Students	Ms. Saira Maqsood

Postgraduate Students' Thesis Topics			
Degree Program Title		MPhil Applied Psychology (2017-2019)	
S.No.	Name of Student	Thesis Title	Supervisor
1.	Mehr Un Nisa Idrees	Influence Of Social Networking Addiction and Perceived Stress on Emotional Reactivity Among University Students	Dr. Gulzar Ahmad
2.	Zainab Shakeel Safdar	Body Shaming, Social Appearance Anxiety and Body Dissatisfaction Among University Students	Dr. Gulzar Ahmad
3.	Kaloom Bibi	Motivation To English Language Acquisition and Learning Styles Leading to Self- Identity Changes Among English Learners	Dr. Gulzar Ahmad
4.	Asma Rasheed	Proactive Personality, Social Desirability, Motivation to Leadership and Career Success Among College Teachers	Dr. Fatima Naeem
5.	Mehwish Ramzan	Narcissistic Tendencies, Makeup Addiction, and Self-Image Among Female University Students: Moderating Role of Photo Editing	Ms. Nida Zafar
6.	Shumaila Ali	Organizational Climate, Work Addiction and Work Well-Being in University Teachers: The Mediating Role of Organizational Commitment	Ms. Nida Zafar
7.	Adeela Haneef	Personality Traits, Social Dominance and Fear of Missing Out as Predictors of Whatsapp Addiction Among University Students	Ms. Nida Zafar

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Degree Program Title		MS Clinical Psychology (2016-2018)	
S.No.	Name of Student	Thesis Title	Supervisor
1.	Samra Framruz	Spiritual Intelligence, Self-Compassion, Coping Strategies and Psychological Distress in Teachers from Various Educational Settings	Ms. Saira Maqsood
2.	Ayesha Faiz	Neuroticism And Instagram Addiction Among University Students: The Mediating Role of Escapism and Moderating Role of Mood State and Peer Pressure	Ms. Nida Zafar & Dr Gulzar
3.	Maria Naseer	Postpartum Depression, Psychological Wellbeing and Quality of Life In Fathers And Mothers Of Newly Born Babies	Ms Mehreen Zahra & Dr Gulzar
4.	Mamoonah Noor	Sleep Quality, Decision Making and Psychological Wellbeing Among Auto Drivers	Dr. Gulzar Ahmad
5.	Nabeela Kanwal	Psychological Distress, Resilience and Work Performance Among Rescue 1122 Workers in Lahore	Dr. Gulzar Ahmad
6.	Maheen Qamar Rana	Quality Of Work-Life Psychological Distress and Coping Strategies in Post Graduate Trainee and House Job Internee	Dr. Gulzar Ahmad
7.	Sabah Munir	Psychological Distress, Coping Strategies and Social Interaction Anxiety in The Mothers of Children with Autism	Ms. Farwa Chaudhry & Dr Gulzar Ahmad
8.	Iram Javed	Personality Traits, Emotion Regulation and Somatic Symptom In Working And Non-Working Women	Dr. Mohsina Najeeb
9.	Muzzammil Mohsin	Emotional Regulation, Self Esteem and Life Satisfaction of Working and Non- Working Women with Infertility	Dr. Mohsina Najeeb
10.	Rabia Rashid	Emotional Maturity, Marital Forgiveness and Marital Adjustment in Couples at Various Temporal Stages of Marriage	Dr. Mohsina Najeeb
11.	Basla Fazal	Perceived Parenting Styles Predicting Obsessive-Compulsive Personality Traits in Students and Obsessive- Compulsive Disorder in Patients	Ms Mehreen Zahra

Postgraduate Students' Thesis Topics			
Degree Program Title		MS Clinical Psychology (2015-2017)	
S.No.	Name of Student	Thesis Title	Supervisor
1.	Amenah Dar	Death anxiety , family and social support and life satisfaction in patients with hepatitis C	Dr. Gulzar Ahmed
2.	Uzma Ajaz	Depression, Anxiety, Stress among Patients with Hysterectomy and their Relationship with Quality of Life and Defense Mechanisms	Dr. Gulzar Ahmed
3.	Syeda Aleena Naqvi	Emotional disturbance, Thought distraction and cognitive Functioning among the Patients with Traumatic Brain Injury	Dr. Gulzar Ahmed
4.	Mariam Zafar	Death Anxiety, Psychological Distress and quality of Life among Expectant and Non Expectant Women of Lahore, Pakistan	Dr. Gulzar Ahmed
5.	Moazma Riaz	Emotional Intelligence, Personality Traits and Spirituality among Adolescents	Dr. Gulzar Ahmed
6.	Hafza Sidra Latif	Burden of Care, Depression, Anxiety, Stress & Coping Styles in Caregivers of Patients with Hepatitis C	Dr. Gulzar Ahmed
7.	Sadaf Amjad	Parental control, Alexithymia, Prosocial Behavior & Aggression in Adolescents	Dr. Gulzar Ahmed
8.	Farwa Tassarwar	Emotional Expressivity and Narcissism traits among Males and Females	Dr. Gulzar Ahmed
9.	Faryal Malik	Social Connectedness, Hopelessness and Life Satisfaction among Youth	Dr. Gulzar Ahmed

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Degree Program Title		MPhil Applied Psychology (2015-2017)	
S.No.	Name of Student	Thesis Title	Supervisor
1.	Naz Batool	Psychological Factors among Juvenile Delinquencies and Non Delinquents	Dr. Gulzar Ahmed
2.	Saira Parveen	Celebrity Idealization & Social Comparison as Predictors of Body Image and Self Esteem	Dr. Gulzar Ahmed
3.	Zill-e-Huma	Emotional Intelligence Conflict Management and Decision making Styles among High School Teachers	Dr. Gulzar Ahmed
4.	Nida Aftab	Self Esteem, Depression and Social Anxiety among Boarding and Day school students	Dr. Gulzar Ahmed
5.	Hira Iqbal	Personality Traits as the Predictor of Facebook Addiction among Teenager and Young Adults	Dr. Gulzar Ahmed

Postgraduate Students' Thesis Topics			
Degree Program Title		MS Clinical Psychology (2014-2016)	
S.No.	Name of Student	Thesis Title	Supervisor
1.	Iqra Jabbar	Stigmatization, Parental Stress and Personality Traits in mothers of Autism Spectrum Disorder and Down Syndrome Children	Dr. Saima Dawood
2.	Fatima Salman	Emotional Intelligence and Difficulties in Emotional Regulations as the Predictor of Mental Health in Adolescents	Dr. Saima Dawood
3.	Samina Kanwal	Social Support as a Buffer for perceived Stress, Hopelessness and Marital Adjustment related to Infertile Women of Lahore	Dr. Afsheen Masood
4.	Sherish Naz	Parental Acceptance –Rejection, Personality Traits and Frustration Discomfort in Psychiatric Population	Dr. Saima Dawood
5.	Shagufta Mushtaq	Level of Stress, Alexithymia and Resilience among Drug Addicts	Dr. Gulzar Ahmed
6.	Mehwish Liaqat	Relationship of Clinical Anger with Emotional Intelligence and Locus of Control among Drug Dependents	Dr. Masha Khan
7.	Saba Maqbool	Relationship of Aggression, Social Support, Locus of Control and Self-Esteem among Criminals in Lahore	Dr. Masha Khan

Postgraduate Students' Thesis Topics			
Degree Program Title		MPhil Applied Psychology (2012-2014)	
S.No.	Name of Student	Thesis Title	Supervisor
	Sadia Naz	Perceived Stress, Anxiety and Depression in Women with First Pregnancy	Dr. Afsheen Masood
	Abida Bashir	Prolong Internet Use, Personality Traits, Self-Efficacy and Academic Stress Among University and College Students	Dr. Afsheen Masood
	Nadia Abdullah	Parental Stress, Self Esteem and Psychological Well-Being in Parents of Children with Down Syndrome and ADHD	Dr. Afsheen Masood