

MPhil Applied Psychology

Department of Psychology

Lahore Garrison University

Lahore, Pakistan

Table of Contents	Page No.
Brief Introduction of MPhil Applied Psychology Program	3
Objectives of MPhil Applied Psychology Program	4-5
Scope of MPhil Applied Psychology Program	6-7
Eligibility / Admission Criteria of the Program	8
Scheme of Studies / Course Outlines (the course names and credit hours of each course in each semester)	9-10
Course Details	11-27
List of Faculty members	28

Brief Introduction of MPhil Applied Psychology

The course is developed as a rigorous two years program with extensive theoretical inputs and widespread research experience to acquire the necessary skills in the area of Applied Psychology. It is currently imparted at many universities including Lahore Garrison University. The program aims at producing high quality researchers and psychologists who are committed to pursue excellence and are endowed with vision, courage and dedication. Our students, after completing their degrees, will always make significant and meaningful contribution towards the socio-economic development of the country through human resource excellence. This program retains several innovative features that are designed to:

- Improve the teaching and training of researchers in social sciences in Pakistan at international standards and ensure the quality of knowledge and research
- Meet the growing needs and changing demands of research and publication.
- To increase one's mental acuity and problem-solving capabilities by orientating and directing research towards indigenous issues and problems, and their solution to alleviate human sufferings.

Objectives of the Program MPhil Applied Psychology

On completion of the course, the trainees are expected to perform the following functions

- Understand the basic concepts and application of different perspectives enabling them to better understand explanation of human behavior as proposed by different theorists.
- Students will be able to apply knowledge about human behavior in the context of general and specialized research fields.
- Demonstrate theoretical and practical knowledge of psychological testing and test construction, administer, score and interpret results of different psychological tests.
- Apply theoretical framework in their research projects. They will acquire Knowledge of research concepts and processes and will be able to critically evaluate different research methods. Make decisions and follow steps involved in designing and executing a research plan. Write research proposal and research thesis keeping in mind APA format.
- Design, conduct, analyze and interpret findings of an empirical investigation. Read through and evaluate research papers in scientific journals, and identify ethical concerns in a research study.
- Understand types of statistics and apply appropriate statistics keeping in view the type of data, apply statistical techniques for data analysis in accordance with objectives and hypotheses being formulated in research.
- Program will help students to gain deep understanding of theoretical and practical knowledge of Psychology. Able enough to do research independently. Learn ethics and

professional values. Acquire communication and interpersonal skills. Familiarization with online data bases, e-books, e-journals and access to digit library. Have team building spirits and can carry out tasks in groups. Have ability to engage attentively in community welfare activities.

Scope of MPhil Applied Psychology Program

The course is developed as a rigorous two-year program with extensive theoretical inputs and widespread research experience to acquire the necessary skills in the area of Applied Psychology. On completion of the course, the trainee is expected to perform the following functions:

1. Apply psychological principles and techniques of research and statistics for generating effective research papers.
2. Work with the psychosocial dimensions of mental health problems, formulate and undertake focused/targeted psychosocial interventions.
3. Work with community to promote health, quality-of-life and psychological well-being.
4. Undertake research in the areas of clinical psychology, educational settings, Human resource, mental health/illness, physical health/diseases and relevant societal issues viz. misconception, stigma, discrimination, social tension, gender discrimination, life style etc.
5. Undertake responsibilities connected with teaching and training in core and allied areas of Applied Psychology.
6. Undertake administrative and supervisory/decision-making responsibilities in mental health area
7. To conduct research in qualitative and quantitative aspects in order to explore different dimensions of the field of Psychology
8. To increase the conceptualization of future professionals regarding specific adult and child mental health problems within a psychological framework, giving due consideration to psychosocial/ contextual factors, and carryout relevant treatment/management.
9. To make future researchers enable to apply the psychological principles and techniques of research and statistics for generating effective research papers.
10. To increase the professionals who can work with community to promote health, quality-of-life and psychological well-being in the community.

11. To develop new researchers who can undertake research in the areas of clinical psychology, educational settings, human resource, mental health/illness, physical health/diseases and relevant societal issues viz. misconception, stigma, discrimination, social tension, gender discrimination, diversity issues, life style concerns etc.
12. To develop professionals who can undertake responsibilities connected with teaching and training in core and allied areas of Applied Psychology.
13. To develop professionals who can undertake managerial, administrative and supervisory/decision-making responsibilities in mental health areas including various public and private organizations.

Eligibility / Admission Criteria of MPhil Applied Psychology

Below mentioned criteria is followed by the administration for the candidates who want to get admission in MPhil Applied Psychology.

1. MA/ MSc (2 years) / BS (4 years) in Psychology/Applied Psychology/ Clinical Psychology/Behavioral Sciences or in the relevant subject from a recognized University (at least 16 years of education [BS or MA/MSc; 130 credit hours), with at least 50% marks in annual system or CGPA 2.50/4.00 from HEC recognized University.
2. The candidates have to pass Departmental Entry Test.
3. Qualified candidates of Entry Test will have to appear in an interview.

Merit Formula

Previous Academic Record = 50 %

Entry Test = 40 %

Interview = 10 %

The tentative scheme of studies is as following. The Department and/or the University is authorized to make amendments/changes as deems appropriate.

2 YEAR M.PHIL APPLIED PSYCHOLOGY

SEMESTER I

Course Codes	Course Title	Credit Hrs.
APSY711	Advanced Research Methods I	3
APSY712	Advanced Research Methods Practical	1
APSY713	Advanced Statistics and Data Analysis	3
APSY714	Perspectives in Psychology	3
APSY721	Psychometrics	3
APSY722	Psychometrics Practical	1
	Total	14

SEMESTER II

Course Codes	Course Title	Credit Hrs.
APSY715	Seminars in any three areas of Psychology	3
APSY723	Advance Research Methods II	3
APSY724	Advance Research Practical	1
APSY725	Advanced Review of Published Research	3
	Total	10

SEMESTER III

Course Codes	Course Title	Credit Hrs.
APSY731 APSY732 APSY733	*Specialization in Forensic Psychology Or *Specialization in Organizational Psychology Or *Specialization in Educational Psychology Or Any other indicated by the Department.	(3+1)=4
APSY734	**Thesis	**6
		4

**Note: Students may choose one of the area mentioned above or any other area of study subject to number of students and availability of the course instructor with approval of Head of the Department*

SEMESTER IV

Course Codes	Course Title	Credit Hrs.
APSY734	**Thesis	**6

***Note: Thesis of 6 c.h. would be carried over from semester 3 to semester 4*

Total Credit Hours: 34